

GLUTEN FREE MENU



As our meals are freshly prepared, please do expect delays during busy periods.

Allergens and intolerances:

If you have any concerns please speak to a member of staff.

VAT and service charge:

All prices include VAT at current rate. No charge is made for service.

STARTERS

Soup £8.00

Served with gluten free bread and butter

This may vary from the soup of the day

Prawn Cocktail £9.00

Succulent prawns on a bed of lettuce, served with Marie Rose sauce and gluten free bread and butter

Nachos

Tortilla chips loaded with one of the following toppings:

- Salsa, cheese and jalapenos £15.00
- Chilli beef, cheese and jalapenos £15.50
- Roasted vegetable, cheese and jalapenos(V) £15.50
- BBQ pulled pork, cheese and jalapenos £15.50

All served with sour cream and guacamole

JACKET POTATOES

Served with butter, salad and coleslaw. With a choice of fillings:

- Grated Mature Cheddar
- Baked Beans
- Tuna Mayonnaise
- Chilli Con Carne
- Prawns in Marie Rose Sauce

1 filling £10.00
2 fillings £13.00

SANDWICHES

All served on gluten free bread with salad and crisps £9.75
With a choice of fillings:

- Bacon, lettuce and tomato
- Tuna mayonnaise and cucumber
- Cheese

LIGHTER BITES

Salad Bowl

A dressed mixed salad of lettuce, tomato, cucumber, red onion and coleslaw

Chicken and Bacon £16.00
Prawn and Salmon £17.00

MAINS

Grilled Fish of the Day £17.00

Served with peas or mushy peas, new potatoes and salad garnish

8oz* Sirloin Steak £25.00

Served with grilled tomato, mushroom, garden peas and new potatoes

Add Stilton or Peppercorn sauce £3.50

10oz* Gammon Steak £20.50

Served with grilled tomato, mushroom, garden peas and new potatoes

*Approximate uncooked weight

BBQ Chicken Melt £17.00

Grilled chicken and bacon topped with cheese and BBQ sauce, served with salad and new potatoes

Homemade Chilli Con Carne £15.75

Local minced beef chilli served on a bed of rice topped with soured cream and nachos

Mediterranean Vegetable & Tomato Stir Fry (V) £15.75

Served with rice

Mushroom Bourguignon Pie (VG) £16.00

With new potatoes, peas and gravy